NRA FIRST STEPS SHOTGUN INSTRUCTOR'S LESSON PLANS

BOY SCOUTS OF AMERICA SHOTGUN SHOOTING MERIT BADGE TEACHING GUIDE

NRA FIRST Steps Firearm Instruction, Responsibility, and Safety Training Program First Edition

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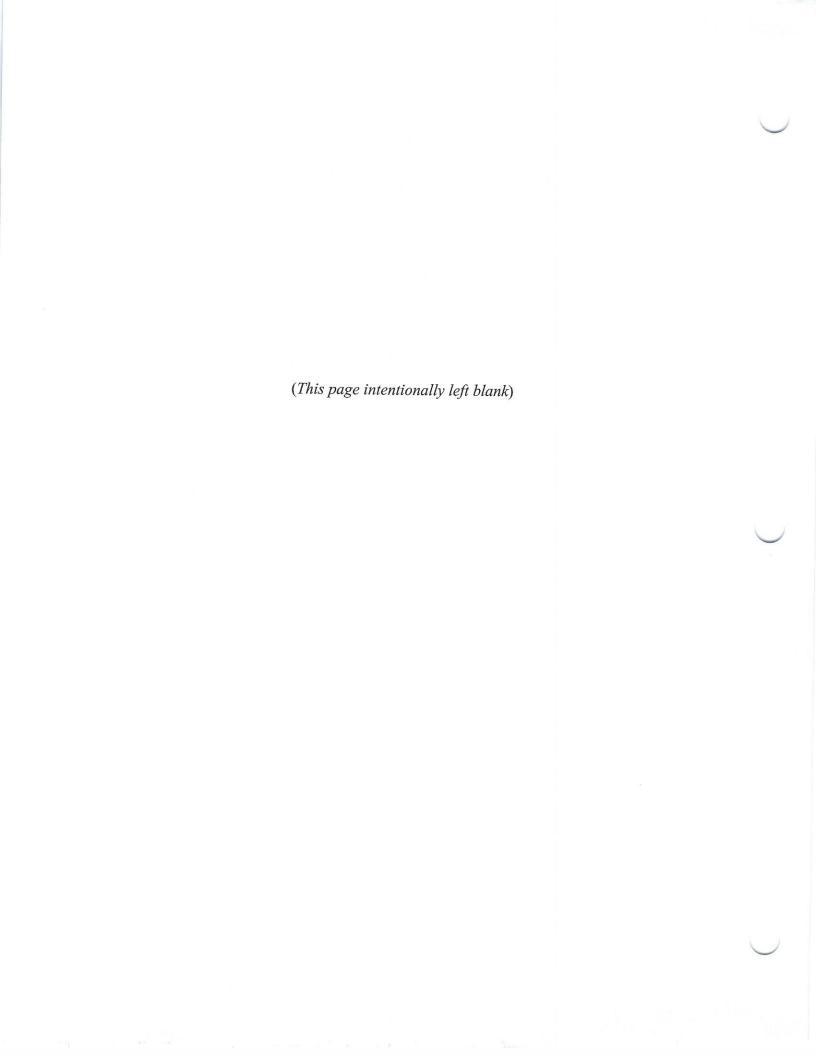


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BSA INTRODUCTION

Welcome to the new 2017 combined NRA Shotgun FIRST Steps Instructor syllabus and 2017 BSA Merit Badge Instructor Lesson Plans for the Shotgun Merit Badge. This book is to be used by Boy Scout leaders who are currently certified NRA Shotgun Instructors.

The purpose of this book is to use a proven standard of instructional curriculum to teach the BSA Shotgun Merit Badge. We have been using the BSA Shooting Sports Manual Appendix 2 and the NRA FIRST (Firearm Introduction, Responsibility and Safety Training) Steps Shotgun Instructor Syllabus as separate items to teach the BSA Shotgun Merit Badge since 2009. We have now combined the NRA FIRST Steps Shotgun Instructor Syllabus with the additions from the BSA requirements necessary to teach the BSA Shotgun Merit Badge into one document and both the BSA and the NRA have approved this document.

The advantage to using this document is that our youth will receive a consistently safe and proven instructional training no matter where they are trained in any council within the BSA family.

By using this syllabus, the BSA leader or parent who is trained as a NRA Shotgun Instructor is accomplishing two important items.

First and most important, they are delivering a consistent program of responsibility and safe gun handling to our youth. Second, and equally important, they are using the NRA FIRST Steps syllabus contained in this document to satisfy the requirements of the NRA to teach a NRA FIRST Steps course. By using this syllabus and then registering their BSA merit Badge course on the NRA Instructors.org portal, as an NRA FIRST Steps course they get credit with the NRA towards accomplishing the goal of qualifying to become a NRA Training Counselor.

The goal of both the BSA and the NRA is to have at least 2 NRA Training Counselors in every council in the U.S. By doing this we can conduct NRA instructor courses at a cost that most BSA volunteers can afford, thus allowing more leaders the opportunity to become NRA Shotgun Instructors. These instructors will not only be able to conduct merit badge classes, but equally important, they can help provide more year-round shooting sports programs for the unit, district and council.

The next page in this document will help you learn how to use this syllabus. If you have any questions regarding anything covered in this manual, please contact Mark Belli at 704-824-7489 or email him at philmontmark@gmail.com. You may also contact your regional shooting sports chairman or your local council shooting sports chairman and their committees as a resource to provide more training to our youth.

Thank you for all you do and we look forward to serving you in the future.

Mark Belli NRA-BSA National Liaison BSA National Task Force-Southern Region Chairman (This page intentionally left blank)

HOW TO USE THIS SYLLABUS

This syllabus contains the NRA *FIRST Steps* program and has been modified by adding a third column to the contents outline along with some BSA notes in various places within the document.

If you have never used the NRA FIRST Steps Instructor syllabus, the first column tells you what you are going to do, the second column tells you how to do it or what to say and now the third column tells you what page to turn your BSA Merit badge students to and what requirements they will have completed once you do that particular assignment. When teaching the Boy Scout Shotgun Merit Badge use this syllabus as written. Instead of using the NRA Guide: Basic of Shotgun Shooting handbook you will use the BSA Merit Badge book. Each student should have a merit badge book to follow along with the instructional component. When the syllabus says **Ask**, please ask the question, when it says **Explain**, then please explain and when it says **Demonstrate**, please demonstrate. These teaching methods have proven successful with many beginning shooters and your cooperation in following the syllabus will help you in providing a great program to our youth.

The lessons are broken up into 4 days of 1.5 hrs. minimum class time per day. This is the minimum it will take to teach this course properly. Making alterations to the class due to a 1 hr. class 4 or 5 days a week does not accomplish the goals as outlined. This book may not be used if that's the time period you have in your summer camp. Using the 1.5 to 2 hour classes usually provides students ample opportunity for them to complete their required targets during the normal merit badge sessions.

Free time in resident camp was designed for scouts to have fun and for those not in the merit badge class to have the opportunity to shoot at targets and get a taste of shotgun shooting. Perhaps they may wish to pursue the shotgun merit badge the next time it is available.

The BSA Shotgun Merit Badge may be conducted in an off-season weekend using this syllabus. You just start at the beginning and go all the way thru the syllabus in as little as a full 6 to 8 hr. day.

For more information on how to create successful shotgun shooting sports programs such as the NRA marksmanship program, please contact your regional BSA shooting sports chairperson or your local council shooting sports committee.

The NRA *FIRST Steps* introduction on page 9 gives you an idea of what the NRA *FIRST Steps* program delivers to the general public and how it should be used when teaching a non- BSA Shotgun Merit Badge student. The BSA Course Orientation begins on page 13 and outlines the syllabus by BSA Camping days and lesson objectives for each day.

Once again, thank you for all you do for our BSA Scouts and future shooters.

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CONSIDERATIONS FOR YOUR MERIT BADGE CLASS

Number of students

o In order to satisfy the BSA requirements for 50 shots per student in the merit badge class (per BSA merit Badge Requirements book printed 2013) the maximum number of students in class should be **8 scouts**. This will allow enough time for all students to be successful if you use a 5-day merit badge session with a 1.5 to 2 hr. time block. If you need additional time, then you will need to have students shoot their qualifications during free time on the range.

Number of traps.

- Location and number of traps is based on student ratio and your range layout.
- Have the trap in the center and far enough in front of the shooting line for safety reasons.

Number of guns per student

o Number of guns on the line would depend on the guns available and range layout.

Number of instructors per student

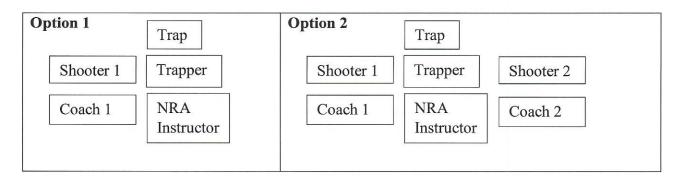
o Consideration should be given to ratios on the range. BSA Requires one on one NRA Instructor to student WHILE LOADING AND FIRING.

Definition of "One to One" while Loading and Firing a Shotgun

- o There are four ways to accomplish one to one while loading and firing:
 - Have the NRA Instructor load the gun for the shooter
 - Have the NRA Instructor hand the coach the shell and then the coach can load the shooter's gun
 - Have the NRA Instructor hand the coach the shell and then the coach can hand the shell to the shooter and the shooter can load the gun himself
 - Have the NRA Instructor hand a shell to the shooter and let the shooter load their own gun
 - There is no policy in BSA that requires only the NRA Instructor to load the gun

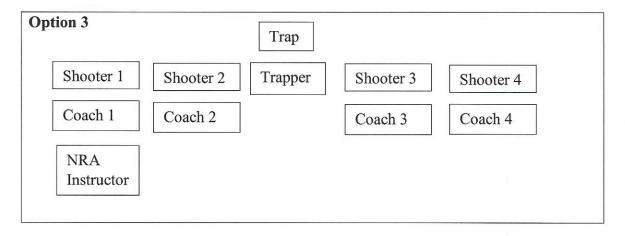
NRA Instructor location

o This depends on the range layout



Option 1 the shooter stands behind and to the left of the trap. The NRA Instructor stands behind the trapper. If you don't wish to use a trapper to launch the target, then then NRA Instructor may stand behind the trap and next to the shooter.

Option 2 gives the NRA Instructor the ability to be one on one to shooter one and then rotate to be one on one with shooter two. Again, if you don't use a trapper then the NRA Instructor would stand behind the trap and in between the two shooters.



Option 3 starts the NRA Instructor behind coach one and shooter one. The NRA instructor may only move to shooter two **AFTER SHOOTER ONE FIRES**. Then the NRA Instructor does the same routine with shooter two thru four, always behind whoever has the loaded gun. Remember the NRA Instructor may only have one student at a time loading and firing before the NRA Instructor moves to the next student.

As the shooter who is firing calls for the target the other shooters should either be tracking the target with their finger or, if possible, with an empty shotgun.

NRA FIRST Steps INTRODUCTION

FIRST Steps — Firearm Instruction, Responsibility, and Safety Training — is the National Rifle Association's response to the American public's need for a firearm orientation program for new purchasers. New Firearm owners are encouraged to take the "first step" of obtaining training, and the NRA FIRST Steps Program is designed to provide a hands-on introduction to the safe handling and proper orientation of one specific firearm model. There are three orientations in the program: one for rifle, one for pistol, and one for shotgun.

Since *FIRST Steps* orientations are model-specific, and teach only the most basic shooting skills, they are not complete "courses" in the traditional sense of the word. They do provide a thorough introduction to firearm safety, handling, and shooting skills. These skills require regular practice. Initially, this practice should take place under the supervision of a qualified individual—like an NRA Certified Instructor or NRA Shooting Coach. For this reason, the orientation encourages participants to obtain additional training in an NRA Basic Firearm Training Course, and then to take the "next step" by participating in other local activities designed to help individuals maintain and develop their shooting skills.

Total Participant Involvement

The FIRST Steps Orientation Program was the first NRA program designed for the new shooter that used the Total Participant Involvement (TPI) training methodology. Minimizing the use of lecture, TPI takes an experiential approach that stresses active training and learning by doing. Instructors guide participants to develop the specified knowledge, skills, and attitude through the use of hands-on exercises and practical applications. Keeping participants involved at every step of the training process engages their energy, holds their interest, and makes learning fun! At the same time, the performance-based training approach enables Instructors to evaluate the participants' progress and provide appropriate feedback.

Like the lesson plans for NRA Basic Firearm Training Courses, the *FIRST Steps* lesson plans used a double column format of *content* and *instructional notes*: what to teach and how to teach it. The *FIRST Steps* lesson plans contain far more detail on *how to teach*, and uses **bold print** to indicate directions to the Instructor. Involving participants is stressed throughout the orientation.

One example of involving participants is the NRA policy on how Instructors handle firearms. Each time they pick up a gun, they set the example by practicing the three rules of safe gun handling: making sure the gun is pointed in a safe direction, the finger is off the trigger, and the gun is unloaded. Instructors then involve the participants by having one of them verify that the gun is unloaded.

Another way to involve participants is through the use of the *coach-pupil method*, which has one Instructor, one firearm, and two participants at a shooting station on the range. While one participant (the "pupil") shoots, the Instructor involves the other participant (the "coach") in the learning process by guiding him or her to provide feedback under the Instructor's direction. The Instructor then has the participants reverse roles and repeat the shooting exercise.

The *FIRST Steps* Program is designed for a low participant-to-instructor ratio. The three-hour orientation length is based on a ratio of one-to-one. The length of course lessons will need to be increased proportionately to allow multiple participants to complete all activities specified in the lesson plans. For example, in Lesson I, *each* participant must name the indicated firearm parts, describe their functions, and explain and demonstrate the loading and unloading procedures.

A single instructor may conduct a FIRST Steps orientation for a maximum of four participants at a time in Lessons I, II, and IV, and two participants at a time in Lesson III.

Instructors may combine students using different shotgun models in the same *FIRST* Steps class, provided that all rifles are of the same action type (all bolt actions, all semi-automatics, etc.). Individual students in such classes are still trained on only their specific model rifle.

As in the case in NRA Basic Firearm Training Courses, Instructors should provide participants with a 10-minute break after every 50 minutes of instruction during a *FIRST Steps* orientation.

These FIRST Steps lesson plans should be placed in your lesson plan binder and used in conjunction with the Basics of Shotgun Shooting handbook.

Policy Notes

FIRST Steps orientations can be conducted by NRA Certified Instructors holding credentials in the discipline. They must follow these lesson plans as they pertain to learning objectives, training materials, equipment, orientation content, instructional methodology, and other specified details. Additional policies governing the conduct of the FIRST Steps Program will be periodically announced in the NRA blog and email blasts, which is sent to all NRA Instructors.

Since the *FIRST Steps* orientations are among the activities that NRA Certified Instructors are authorized to conduct, they will be entered into an instructor's activity record. To ensure that they receive proper credit, instructors must file a completed NRA Firearm Training Course Report Form within ten days of course completion. A separate form must be submitted for each NRA *FIRST Steps* Orientation or Basic Firearm Training Course.

In conducting an NRA *FIRST Steps* orientation, instructors must provide each participant with the items in the *FIRST Steps* Shotgun Participant Packet, and the other items indicated on the "Required NRA Materials" list. The number of participants on an instructor's course report must not exceed the number of participant packets purchased by the Instructor. (Instructors are encouraged to charge a reasonable fee sufficient to recover the costs of materials and other training- related expenses.)

NRA *FIRST Steps* Orientation Completion Certificates are available only as part of the participant packet. The Instructor must indicate on the certificate the model of firearm that was used by the student in the orientation.

The owner's manual for the participant's shotgun should be consulted prior to the orientation to see whether the manufacturer has any particular guidelines for its operation, dry firing recommendations, approved ammunition, and cleaning procedures. Instructors should not conduct the orientation unless they are thoroughly familiar with the correct operation of the participant's shotgun model as recommended by the manufacturer. Instructors who have any questions concerning whether or not the participant's shotgun is safe to shoot should have it checked by a reputable gunsmith before using it in the orientation.

The FIRST Steps Program is designed to provide training with one particular firearm model preferably the participant's. However, individuals who do not yet own a firearm may attend a FIRST Steps orientation using a firearm provided by the instructor. If an instructor's firearm is used, however, participants should be advised that the operational and handling characteristics will not be the same on a different firearm. They should be encouraged to attend a new FIRST Steps orientation if they later purchase a different gun.

No live ammunition is permitted in the classroom under any circumstances, or on the range during Lessons I, and IV if these lessons are conducted on a range. Dummy ammunition must be visually distinguishable from live ammunition to ensure that a live round is not brought to class, or to the range except during Lesson III.

NRA Instructors may refer to guns as "firearms," "guns," "shotguns," etc. but <u>not</u> as "weapons." "Weapon" has a negative connotation.

Establish emergency procedures to be followed in the event of an accident. All course staff must be aware of these procedures and maintain a list of emergency telephone numbers.

Good Luck!

Remember, the *FIRST Steps* Program was designed with both the instructor and the participant in mind. These lesson plans will prepare you to conduct a successful orientation, and provide your participants with an exciting and informative introduction to the world of shooting.

We thank you for your commitment to firearm education and your participation in the training programs of the National Rifle Association. Your expertise and dedication will train a new generation of American shooters to exercise their firearm freedoms safely and responsibly. If you have any questions about *FIRST Steps* or the NRA Basic Firearm Training Program, please contact the NRA Training Department, 11250 Waples Mill Road, Fairfax, VA 22030, (703) 267-1500.

NRA Training Department Education & Training Division October 2017

Special Thanks

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The NRA Foundation 11250 Waples Mill Road Fairfax, VA 22030 1-800-423-6894

www.nrafoundation.org nraf@nrahq.org

ORIENTATION OUTLINE

NRA FIRST Steps Shotgun Orientation

Orientation Goal: To provide beginning shooters with an introduction to the knowledge, skills, and attitude necessary to own and use a <u>specific shotgun model</u> safely.

Length of Orientation: 3 hours. (All times listed are minimums. Additional time may be needed to meet the specified learning objectives using the methodology of Total Participant Involvement.

Lesson time must be increased proportionately to allow multiple participants to complete all specified activities.)

Participant Text: NRA Guide: *Basics of Shotgun Shooting* handbook.

BSA Note: Use the BSA Merit Badge Book instead of the NRA Guide: *Basics of Shotgun Shooting* handbook. Lesson times are noted.

Orientation Lessons:

Lesson I: Introduction to Shotgun Safety, Parts, and Operation (45 minutes)

Lesson II Introduction to Ammunition and the Fundamentals of Shotgun Shooting (45 minutes)

Lesson III: Introduction to Shotgun Shooting at Straightaway Targets (60 minutes)

Lesson IV: Introduction to Shotgun Cleaning, Storage, and Training Opportunities (30 minutes)

BOY SCOUTS: Your attached lesson plans will be taught for a minimum of 1.5 hrs. each day for 4 to 5 days for a total of 6 to 8 hrs. Teaching 1 hr. classes will not fit this syllabus. Please see the time adjustments below for covering the BSA Merit Badge.

Orientation Lessons:

Lesson I: Introduction to Shotgun Safety, Parts, and Operation

BSA: Teach this lesson on Day 1 for 1.5 hrs. (See syllabus)

Lesson II Introduction to Ammunition and the Fundamentals of Shotgun Shooting

BSA: Teach this lesson on Day 2 for 1.5 hrs. (See syllabus)

Lesson III: Introduction to Shotgun Shooting at Straightaway Targets

BSA: Teach this lesson on Day 3 for 1.5 hrs. (See syllabus)

Lesson IV: Introduction to Shotgun Cleaning, Storage, and Training Opportunities

BSA: Teach this lesson on Day 4 for 1.5 hrs. (See syllabus)

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REQUIRED NRA MATERIALS

NRA FIRST STEPS Shotgun Orientation

(See current http://materials.nrahq.org for item numbers and prices)

One per participant:

NRA *FIRST Steps* Shotgun Participant Packet - contains the following items:

- NRA Guide: Basics of Shotgun Shooting handbook
- NRA Gun Safety Rules card
- NRA FIRST Steps Shotgun Orientation Completion Certificate
- NRA Basic Training Program brochure
- NRA Marksmanship Qualification Program booklet

For reference:

NRA Guide: *Basics of Shotgun Shooting* handbook

BSA Note: Anytime you see the NRA Guide: *Basics of Shotgun Shooting* handbook as the reference use the BSA Shotgun Merit Badge Book instead

BSA Note: This list does not

if you are doing a regular NRA

apply to BSA merit Badge classes. You only need this list

FIRST Steps class.

OTHER REQUIRED EQUIPMENT

Shotgun

Shotgun owner's manual

Dummy ammunition (must be visually distinguishable from live ammunition)

Empty shotshell box for shotgun model used

Fired shotshell case for model used

Flashlight

Quality factory ammunition (for use during live fire exercises on range only)

Hearing protection

Eye protection

Trap

Targets

Shotgun cleaning equipment

Lockable shotgun case

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LESSON I.

Introduction to Shotgun Safety, Parts, and Operation

BSA Note: Lesson I is taught on Day 1 each week of camp

LEARNING OBJECTIVES: As a result of their participation in this training session, participants will be able to:

- 1. State the goal of the NRA FIRST Steps Shotgun Orientation.
- 2. Name the three fundamental NRA rules of safe gun handling and demonstrate them with a specific shotgun model.
- 3. Name the three major components of a shotgun and describe their functions.
- 4. Safely demonstrate the loading and unloading procedures for a specific shotgun model with dummy ammunition.

LENGTH: 45 minutes

FACILITY: Classroom or Range

• TRAINING AIDS: Shotgun, shotgun owner's manual, dummy ammunition, one per participant of the following: NRA Training Course Student Registration Card, NRA Guide: Basics of Shotgun Shooting handbook, NRA Gun Safety Rules card

(Note: No live ammunition is to be used during this lesson. Dummy ammunition must be visually distinguishable from live ammunition.)

REFERENCES: NRA Guide: *Basics of Shotgun Shooting* handbook.

BSA Note: Anytime you see the NRA Guide: Basics of Shotgun Shooting handbook as the reference use the BSA Shotgun Merit Badge Book instead

	Instructional Notes	
Content	Lesson Time: 10 min. max	
A. Orientation1. Registration2. Welcome	Instruct participants to fill out an NRA Training Course Student Registration Card Introduce self and welcome participants to the orientation	BSA Note: Have scouts fill out their merit badge card
3. Orientation goal	3. Review the orientation goal with participants: <i>To provide beginning shooters</i> with an introduction to the knowledge, skills, and attitude necessary to own and use a <u>specific shotgun model</u> safely.	

4. Orientation schedule	4. Review the orientation content, and the times and locations of the different lessons of the orientation.	Items 1-10 in column 1 should only take 5 minutes to
5. Special considerations	5. Review any special considerations that are unique to the orientation, e.g., transportation arrangements to range facility.	do
6. Facilities	6. Point out location of rest rooms, drinking fountain, telephone, first aid kit, fire exits, alarm, extinguishers, etc.	Explain the merit badge schedule for the week
7. Firearms	7. Check immediately any firearms to be used during the orientation to insure they are unloaded, and have a participant verify this.	
8. No live ammunition in classroom	8. Note that no live ammunition is permitted in the classroom, and that <u>only</u> dummy ammunition will be used during the first two lessons of the orientation. Check with participants to be sure they have not brought any live ammunition into the classroom.	Distribute the merit badge books to scouts
9. Gun fit	9. Check the fit of the shotgun to be used during this orientation relative to the size and strength of the participants. The participant should be able to hold the shotgun securely and comfortably, mount it correctly, and reach and operate the appropriate parts safely and properly.	
10. Basic handbooks	10. Distribute the NRA Guide: <i>Basics of Shotgun Shooting</i> handbooks to participants. Note that the handbook will be used during the orientation, and may be used afterwards as a reference to review the material covered in class.	

Lesson Time: 5 min. max

State learning objectives for this lesson. (just state 4 objectives from lesson 1 page 1) Do not go into any detail on this)

C. Shotgun Safety

B. Introduce Lesson

1. The importance of safety

2. The major causes of gun accidents

- 3. The fundamental NRA rules for safe gun handling
 - a) <u>ALWAYS</u> keep the gun pointed in a safe direction.

Lesson Time: 20 min. max

- 1. **Ask** participants: What do you think is our primary concern when handling firearms? **Discuss** responses briefly. State that <u>safety</u> is always the primary concern when handling firearms, whether the guns are located in the home, at the range or in the field.
- 2. **Ask** participants: What do you think are the major causes of gun accidents? **Discuss** responses briefly. **State** that <u>ignorance</u> and <u>carelessness</u> are the primary causes: a lack of knowledge of firearm safety or operation (ignorance), or the failure to apply one's knowledge when handling guns (carelessness).
- 3. **Distribute** the *NRA Gun Safety Rules* card to participants. **Explain** that the NRA has developed three basic rules which should always be applied simultaneously when handling or using a gun.
- a) **Turn** with participants to the three rules in the brochure. **Have participants read** the first rule aloud. **Ask**: What do you think is meant by a "safe direction"? **Discuss** responses briefly. **Explain** that this rule means that a gun must always be pointed so that even if it were to discharge, it would not cause injury or damage. **Note** that controlling the gun's <u>muzzle</u> is the key, and that common sense will dictate the safest direction. **Indicate** the safe direction(s) in the facility you are using.

Demonstrate this rule by **picking up** a shotgun, **identifying** the muzzle, and **noting** that you have it pointed in a safe direction.

Refer Scouts to pg. 23-24 in MB Book

Step 3 qualifies for teaching BSA req. 2b

- b) <u>ALWAYS</u> keep your finger off the trigger until ready to shoot.
- b. Have participants read the second rule aloud. Ask: If you finger is kept off the trigger, where should it be? Discuss responses briefly. Explain that the finger should rest outside the trigger guard or along the side of the gun.

Demonstrate this rule by **identifying** the trigger and trigger guard on the shotgun you are holding, and **noting** that you are holding the gun with your finger off the trigger, while keeping the gun pointed in a safe direction.

- c) <u>ALWAYS</u> keep the gun unloaded until ready to use.
- c. Have participants read the third rule aloud. Ask: How do you know whether or not a gun is unloaded? Discuss responses briefly. Explain that you check whether a gun is unloaded by opening the action, and visually inspecting the chamber(s).

Demonstrate this rule by **identifying** the action, and chamber(s) on the shotgun you are holding, and **noting** that the action open, and the chamber(s) empty. **Have a participant verify** that the gun is unloaded.

BSA Note: The requirements listed below are not found in the FIRST Steps Shotgun Lesson

<u>Plan</u>. Teach these requirements prior to continuing with the *FIRST Steps* Shotgun Lesson Plan to Paragraph D *Safe Shotgun Handling Practical Exercise* listed below.

BSA requirement 1a

Explain why BB and pellet air guns must always be treated with the same respect as firearms. Refer Scouts to *Shotgun Shooting Merit Badge Book* page 25, "BB and Pellet Air Guns."

BSA requirement 2Aj

Selecting a shotgun

Refer Scouts to Shotgun Shooting Merit Badge Book page 46-49

	Lesson Time: 15 min may	
D. Safe Shotgun Handling Practical Exercise	D. Note that, when handing a firearm to another person, the three rules of gun safety must be observed simultaneously, i.e., gun pointed in a safe direction, finger off the trigger, magazine out, action open, and empty chamber(s) visible. Note also that a gun should not be accepted from another person unless its magazine is out, its action open, and its empty chamber(s) visible. Hand the shotgun you are using in this orientation to one participant at a time. Have participants demonstrate the three safety rules while handling the shotgun. Have participants describe each action they perform, i.e., that they are keeping the gun pointed in a safe direction, etc. The shotgun's action must remain open during this exercise, and must not be manipulated by participants at this time. Have each participant hand the shotgun back to	Refer Scouts to pg. 23 and 24 in MB Book Step D qualifies for teaching BSA req. 2b
E. Shotgun Parts: Major	Offer guidance, direction, encouragement, and positive feedback as appropriate. Lesson Time: 5 min. max E. Note that all shotguns consist of three major	
Components 1. Stock	1. Turn with participants to the definition of the stock in the NRA Guide: Basics of Shotgun Shooting handbook. Have participants read the definition aloud. Point out the stock on the	Refer Scouts to pg. 10-14 in MB Book
2. Barrel	2. Turn with participants to the definition of the barrel in the NRA Guide: Basics of Shotgun Shooting handbook. Have participants read the definition aloud. Point out the barrel on the shotgun you are using.	Step E qualifies for teaching BSA req. 2a
	Revision Date 10-2017	Lesson 1-

3. Action

3. **Turn** with participants to the definition of the action in the NRA Guide: *Basics of Shotgun Shooting* handbook. **Have participants read** the definition aloud. **Point out** the action on the shotgun you are using.

Refer Scouts to pg. 14-16 in MB Book

Fills MB Req. 2Aa

F. Shotgun Parts

- 1. Stock
- a. Butt the rear portion of the stock which is designed to fit against the shoulder.
- b. Comb the top portion of the stock, on which the shooter rests the cheek.
- c. Grip the area where the hand grasps the stock when firing the shotgun
- d. Fore-end (or forearm)
 the part of the stock that
 extends underneath the
 barrel. This is where the nonshooting hand holds the
 shotgun to support it. When
 separate from the rest of the
 stock, it is called the
 forearm.
- 2. Barrel

1. **Review** with participants the definition of the stock by asking them to define it.

Lesson Time: 10 min. max

Name the shotgun parts listed at left, **point out** their location on the <u>stock</u> of the shotgun you are using, and **describe** briefly the function of each part.

Refer Scouts to pg. 10-14 in MB Book

Review the parts of the <u>stock</u>. Point to each part, have participants name each one, and have participants describe briefly the function of each part.

2. **Review** with participants the definition of the <u>barrel</u> by asking them to define it.

- a. Bore the inside of the barrel. The diameter of the bore is designated by the term gauge. The smaller the gauge number, the larger the bore diameter.
- b. Breech -- the rear of the barrel.
- c. Chamber the part of the barrel, located at the breech end, which holds the shotshell at the instant of firing.
- d. Muzzle -- the front end of the barrel where the shot pellets exit.
- e. Choke -- a constriction in the bore near the muzzle. The choke influences how the shot pellets will spread after leaving the barrel.
- f. Bead (s) -- mechanism used to help the shooter mount and point the shotgun

3. Action

- a. Receiver the backbone to which all other parts are attached.
- b. Bolt/breech block
 closes over the chamber to hold the Shotshell in place for firing.

Name the shotgun parts listed at left, **point out** their location on the <u>barrel</u> of the shotgun you are using and describe briefly the function of each part.

Review the parts of the <u>barrel</u>. Point to each part, have participants name each one, and have participants describe briefly the function of each part.

3. **Review** with participants the definition of the action by asking them to define it.

Name the shotgun parts listed at left, **point out** their location on the <u>action</u> of the shotgun you are using, and **describe** briefly the function of each part.

- c. Trigger when squeezed, activates the firing mechanism to fire the rifle.
- d. Trigger guard designed to protect the trigger in order to reduce the possibility of an unintentional firing.
- e. Magazine holds cartridges ready for feeding into the chamber.
- f. Safety a mechanical device designed to reduce the chance of an unintentional discharge. Since a safety is a mechanical device that can fail, it must be used as a supplement to safe gun handling practices, never as a substitute.
- g. Action release (if applicable) allows a closed action to be opened
- G. Shotgun Parts: Review

H. Shotgun Operation

Review the parts of the <u>action</u>. Point to each part, have participants name each one, and have participants describe briefly the function of each part

Skip G with Scouts

G. Review <u>all</u> the parts of the <u>stock</u>, <u>barrel</u>, and <u>action</u> listed above. Point to each part, **have participants name** each one, and **have participants describe** briefly the function of each part.

Lesson Time: 5 min. max

H. Explain that, in addition to firing (which will be discussed in Lesson II), there are two basic operations of most rifles: <u>loading</u> and <u>unloading</u>.

You will be <u>explaining</u>, <u>demonstrating</u>, and <u>reviewing</u> the operations indicated. **Refer** to the general operational guidelines in the NRA Guide: *Basics of Shotgun Shooting* handbook for the type of shotgun you are using in this orientation. These guidelines discuss the indicated procedures in a clear, simple, step-by-step manner.

Consult the owner's manual of your participant's shotgun to see whether the manufacturer has any particular guidelines for its operation.

Do not conduct the orientation unless you are thoroughly familiar with the correct operation of the participant's shotgun as recommended by the manufacturer.

<u>Use only dummy ammunition during this practical</u> <u>exercise. Dummy ammunition must by visually distinguishable from live ammunition.</u>

Be sure to observe, cite, and reinforce the applicable NRA rules of safe gun handling throughout the exercise. Note that ammunition that falls to the ground must remain on the ground until it may be safely retrieved by someone who is not handling a firearm (the instructor or another participant under the instructor's direction).

- 1. Explain, demonstrate, and discuss the loading procedure of your participant's shotgun in a clear, simple, step-by-step manner. Then have participants repeat the steps back to you as you repeat the demonstration.
- 2. Explain, demonstrate, and discuss the unloading procedure for your participant's shotgun in a clear, simple step-by-step manner. Then have participants repeat the steps back to you as you repeat the demonstration.

1. Loading

2. Unloading

	Lesson Time: 15 min. max
I. Shotgun Operation Practical Exercise	I. Review with participants the three fundamental NRA rules for safe gun handling. Then have participants explain and demonstrate the correct loading and unloading procedures for the specific shotgun model used in this orientation.
	It is important that participants explain what they are doing during the demonstration. This will indicate to you whether or not they have learned the steps correctly, and help to reinforce the skills they are performing.
	Observe participants closely. Be sure all applicable safety rules are followed. Offer guidance, direction, encouragement, and positive feedback as appropriate.
J. Conclude Lesson	Lesson Time: 5 min. max
1. Summary	Ask participants to: a. State the goal of the orientation
	b. Name the three NRA fundamental rules of safe gun handling.
	c. Name the three major components of a shotgun and describe their function.
	d. Describe the loading and unloading procedures for the specific shotgun model used in this orientation.
2. Questions	2. Ask participants what questions they have about this lesson. Answer questions.
3. Preview	3. Preview next lesson briefly.

Lesson II.

Introduction to Ammunition and the Fundamentals of Shotgun Shooting

BSA Note: Lesson II is taught on Day 2 each week of camp

LEARNING OBJECTIVES: As a result of their participation in this training session, participants will be able to:

- 1. Identify the three items they need to check to determine the proper ammunition for their shotgun.
- 2. Identify and define the three major types of ammunition malfunctions and explain how to respond safely when they occur.
- 3. Determine their dominant eye.
- 4. Explain and demonstrate the seven fundamentals of shotgun shooting

LENGTH: 45 minutes

FACILITY: Classroom or Range

• **TRAINING AIDS:** Shotgun, shotgun owner's manual, Quality dummy ammunition, empty cartridge box for the shotgun being used, fired Shotshell case for the shotgun being used, flashlight, NRA Guide: *Basics of Shotgun Shooting* handbook, *NRA Gun Safety Rules card*

BSA NOTE: <u>Dummy ammunition must be visually distinguishable from live ammunition</u>.)

<u>Live Ammo is used after lesson D1-D5 when scouts do live fire shooting</u>

REFERENCES: NRA Guide: Basics of Shotgun Shooting handbook.

Content		
	Lesson Time: 5 min. max	
A. Introduce Lesson	A. Review the previous lesson briefly. State learning objectives for the current lesson.	

B. Shotgun Ammunition

1. Ammunition compatibility

Lesson Time: 10 min. max

1. **Turn** with participants to the *NRA Gun Safety Rules* card. **Have them read** the paragraph discussing the rule, "Use only the correct ammunition for your gun."

Ask participants: How do you know what type of ammunition should be used for a particular gun? **Discuss** responses briefly. **Explain** that most firearms have the ammunition type stamped on the gun itself.

Following the NRA gun safety rules, **show** participants the ammunition designation on the shotgun being used for this orientation.

Ask participants: How do you know whether the ammunition you have is the correct type for your gun? **Discuss** responses briefly. **Explain** that the ammunition type is identified on the <u>box</u>, and sometimes on the shotshell as well.

<u>Show</u> participants the ammunition designation on an empty cartridge box, and on a fired shotshell case for the shotgun used for this orientation.

Ask participants: What three items should you check to be sure that you are using the correct ammunition for your gun? Review that the gun, the ammunition box, and the ammunition cartridge should be checked to make sure the ammunition is compatible with your gun.

Ask participant(s): What ammunition designations need to be checked? **Review** that both the gauge and the shotshell length designations need to be checked.

Refer to the shotgun's owner's manual for the manufacturer's recommendation concerning the use of "magnum" ammunition and steel shot.

Refer Scouts to pg. 18-20 in MB Book

Step B1 qualifies for teaching BSA req. 2c

- 2. Ammunition malfunctions
 - a. Misfire
 - b. Hangfire
 - c. Squib load

Lesson Time: 10 min. max

- 2. **Explain** to participants that there are three major types of ammunition malfunctions which may occur:
- a. A <u>misfire</u> is a failure of the shotshell to fire.
- b. A <u>hangfire</u> is a perceptible delay in the ignition of a shotshell.
- c. A <u>squib load</u> is the development of less than normal pressure or velocity after ignition of the shotshell.

Explain that, if a shotshell fails to fire immediately, it will not be known at first whether the problem is a <u>misfire</u> or a <u>hangfire</u>. Since the problem may be a hangfire, you should wait at least 30 seconds while keeping the gun pointed in a safe direction. After that time, the shotgun may be unloaded carefully.

Explain that, if anything unusual is noticed when a shot is fired, such as a difference in recoil or noise, a squib load may have been fired, and you should stop firing immediately. Squib loads can result in the wad (the component of the shotshell that holds the shot pellets) failing to exit the barrel. The firing of another shot could cause serious injury or damage.

Explain that, if a squib load is suspected, you must point the gun in a safe direction, unload it, and check the chamber to be sure that it is empty. Then, with the gun pointed in a safe direction and the action open, you must carefully run a cleaning rod through the barrel to be sure a wad is not stuck in the barrel. If the barrel is obstructed, the gun must not be fired until the barrel has been cleared.

Refer Scouts to pg. 21 in MB Book

Step B2 qualifies for teaching BSA req. 2e **Review** the definitions of misfire, hangfire, and squib load with participants. **Have them explain** the correct actions to take if these malfunctions occur.

Lesson Time: 10 min. max

C. Determining the Dominant Eye

C. Explain to participants that each individual has a <u>dominant eye</u>: the eye that determines the direction of vision. Note that the dominant eye is used to point the shotgun, so each participant must determine his or her dominant eye before learning the fundamentals of shotgun shooting.

Have participants perform the dominant eye exercise as described in the NRA Guide: *Basics of Shotgun Shooting* handbook. Have participants note which of their eyes is dominant.

Note that right-handed participants with a right dominant eye should shoulder the shotgun on the right side. Left-handed participants with a left dominant eye should shoulder the shotgun on the left.

If a participant is <u>cross-dominant</u> (i.e., is right-handed with a left dominant eye, or vice versa) have the participant try shouldering the shotgun on the same side as the dominant eye during the mounting exercise below. If the participant feels more comfortable using the shoulder opposite the dominant eye, he or she may do so. In this case, you may need to block the dominant eye with a piece of translucent tape on the inside of the non-shooting lens of the shooting glasses.

Refer Scouts to pg. 34-35 in MB Book Note: The NRA FIRST Steps program does not have participants shooting until lesson three. The goal of the BSA merit badge program is to have Scouts shoot on the second day of the merit badge. Therefore, this syllabus has Scouts shooting on the second day prior to lesson three. If you are doing the merit badge as part of the year-round program you should stick to the NRA lesson plan and have Scouts shoot as part of lesson three.

Note: Steps D1-D5 should take 8 scouts about 15 minutes. The remaining time should be used for live fire for scouts to experience their first shot. No scoring just pull the trigger and get the first experience. This would satisfy BSA because the scout will shoot on Day 2.

Lesson Time: 55 min. max

D. Ask participants: What does the word "fundamental" mean? What does it mean in the context of learning a skill? Discuss responses briefly. Explain that "fundamental" means "basic" or "essential." "Fundamentals" are the essential elements of performing a skill -- in the case of shooting, of firing a shot. They are important for beginners and experienced shooters alike because they must be performed each time a shot is fired.

Refer Scouts to pg. 36-40 in MB Book

BSA Note: Use the five step method for beginning shooters in the BSA Merit Badge book rather than the seven step method listed here in Section D.

D. The Fundamentals of

Shotgun Shooting

Name the seven fundamentals of shotgun shooting. Explain, demonstrate, and discuss each of them as follows.

Step D qualifies for teaching BSA req. 2e

1. **Ask** participant(s): What do we mean by "stance"? **Discuss** responses briefly. **Explain** that stance refers to the position of the body while shooting, and its relationship to the target breaking area.

Follow steps a and b

Explain and demonstrate the elements of a proper stance as described at left, and in the NRA Guide: *Basics of Shotgun Shooting* handbook.

1. Stance

- a) Stance aligned with target breaking area:
- b) Feet about shoulder width apart, with toes of lead foot turned slightly outward.
- c) Knee of the lead leg bent slightly; back leg straight.
- d) Approximately 60 percent of body weight on lead leg and 40 percent on back leg.
- e) Stance comfortable and balanced so that it may be maintained before, during, and after the shot.
 - 2 Hold point

- a) Since each shooting situation is different, each will have a different hold point.
- b) If we know where a target will first appear and in what direction it will be traveling, we can determine a good hold point for that target.
- c) The shotgun is pointed at the hold point, but the eyes are focused on the area where the target will first appear.

Have participant(s) practice a proper stance without a shotgun. Have participants describe what they are doing as they assume the stance.

Observe participants closely. **Offer** guidance, direction, encouragement, and positive feedback as appropriate.

2. **Ask** participant(s): When shooting a moving target, where should the gun be pointed <u>before</u> the target appears? **Discuss** responses briefly. **Explain** that "hold point" refers to a particular spot in the field of fire that allows for the least amount of correction when shooting a moving target.

Discuss the elements of hold point as described at left, and in the NRA Guide: *Basics of Shotgun Shooting* handbook.

Simulate a straightway moving target using a flashlight beam on a wall. **Indicate** a good hold point for the target's flight path: slightly ahead of the spot where the target will first appear. **Point** the index finger of your non-shooting hand at the hold point and **operate**

the flashlight with your shooting hand. **Demonstrate** that having the gun pointed at that spot before the target appears permits the shooter to acquire the target with the least amount of correction.

Have participant(s) practice pointing at the hold point with their non-shooting hands and moving from the hold point to the moving flashlight beam.

Observe participant(s) closely. **Offer** guidance, direction, encouragement, and positive feedback as appropriate.

3. Mount

- 3. **Ask** participant(s): What do we mean by "mount"? **Discuss** responses briefly. **Explain** that the mount is the act of bringing the shotgun into the proper position in preparation for firing the shot.
- a) The butt of the shotgun is in the pocket of the shoulder.

Explain and demonstrate the elements of proper shotgun position as described at left, and in the Shotgun Shooting handbook.

- b) The head is as far forward on the comb as possible without straining the neck.
- c) The cheek is pressed firmly against the stock.
- d) The head is erect and level.

Have participant(s) practice mounting an empty shotgun. Have participant(s) describe what they are doing as they mount the shotgun. Block the dominant eye if a cross-dominant participant feels more comfortable using the opposite shoulder.

- Observe participant(s) closely. Be sure all applicable safety rules are followed.

 Offer guidance, direction, encouragement, and positive feedback as appropriate.
 - 4. **Ask** participant(s): Where should the visual focus be when shooting a moving target? **Discuss** responses briefly.
 - responses briefly.

Explain that it is vitally important that the target be in clear, sharp focus when shooting it. Note that the shooter's entire concentration must be on the target.

Discuss the elements of seeing the target as described at left, and in the NRA Guide: *Basics of Shotgun Shooting* handbook.

b) The target must be seen clearly at the earliest point possible so its direction of flight can be identified.

See the target

a) Vision along the

beads) must be directed

is in focus.

sighting plane (barrel, rib, and

forward so that the field of fire in which the target will appear

Have participant(s) practice focusing on the flashlight beam as they track it with an empty shotgun. Have participant(s) describe where their focus is.

Observe participant(s) closely. Be sure all applicable safety rules are followed. Offer guidance, direction, encouragement, and positive feedback as appropriate.

5. Ask participant(s): What do we mean by "swing"? Discuss responses briefly. Explain that swing refers to the manner in which the shotgun is moved relative to the target before, during, and after the shot.

Note that in this orientation, only a variation of the pass through swing with the shotgun already

5. Swing

mounted will be taught. Refer participant(s) to the NRA Guide: Basics of Shotgun Shooting handbook for illustrations. a) The swing begins with Explain and demonstrate this swing as described the shotgun already mounted at left, and in the shotgun handbook. on the shoulder. b) The swing starts out Have participant(s) practice this swing using an with the muzzle of the shotgun empty gun while you simulate a straightaway target brought from behind the target with a flashlight beam. Have participant(s) and accelerated to the target as describe what they are doing as they swing the the shot is delivered. shotgun. Observe participant(s) closely. Be sure all applicable safety rules are followed. Offer guidance, direction, encouragement, and positive feedback as appropriate.

- 6. Pull the trigger
- a) The trigger must be pulled the instant the sight picture is correct.
- b) The sight picture is the visual relationship of the shotgun muzzle to the target.
- c) When using the pass through swing, the sight picture is correct when the target appears directly above the muzzle of the shotgun.
- d) When acquiring the sight picture, the focus <u>must</u> be on the target.

6. Ask participant(s): At what point during the swing should the trigger be pulled? **Discuss** responses briefly. **Explain** that the trigger must be pulled at the instant the "sight picture" (the relationship of the muzzle to the target) is correct.

Explain the elements of pulling the trigger and acquiring proper sight picture as described at left, and in the NRA Guide: *Basics of Shotgun Shooting* handbook. **Note** that, when using the pass through swing, the sight picture is correct when the target appears directly above the muzzle of the shotgun.

Have participant(s) repeat the previous exercise and have them practice pulling the trigger the instant the sight picture is correct. Have participant(s) describe what they see when they pull the trigger.

Observe participant(s) closely. Be sure all applicable safety rules are followed.

Offer guidance, direction, encouragement, and positive feedback as appropriate.

- 7. **Ask** participant(s): How is <u>follow-through</u> used in sports such as tennis or golf? **Discuss** responses briefly. **Explain** that, in golf and tennis, it is the continuation of a motion after the golf club or tennis racket hits the ball. The same principle applies in shotgun shooting.
- **Explain and demonstrate** the elements of follow-through as described at left, and in the NRA Guide: *Basics of Shotgun Shooting* handbook.

7. Follow-Through

a) Follow-through means continuing to do everything that was being done at the time the shot was fired.

b) The swing must continue if the shot pellets are to hit the target. The trigger is pulled while the shotgun is moving, and the gun must continue to move after the shot is fired.

Have participant(s) repeat the previous exercise and have them practice proper follow-through by continuing to track the flashlight beam after pulling the trigger. Have participants describe what they are doing after the trigger is pulled and why.

Observe participant(s) closely. **Be sure** all applicable safety rules are followed.

Offer guidance, direction, encouragement, and positive feedback as appropriate.

E. Conclude Lesson	Lesson Time: 5 min. max
Summary	1. Ask participants:
	a. What three items need to be checked to make sure you are using the correct ammunition for your gun? What two ammunition designations need to be checked?
	b. What are the three major types of cartridge malfunctions? What should you do if they occur?
	c. Which of your eyes is dominant? What is the dominant eye used for in shooting?
	d. What are the seven fundamentals of shotgun shooting? Where must the visual focus be at all times when shooting a moving target?
	2. Ask participants what questions they have

about this lesson. Answer questions.

3. Preview next lesson briefly.

2. Questions

3. Preview

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Lesson III.

Introduction to Shotgun Shooting at Straightaway Targets

_SA Note: Lesson III is taught on day 3 each week of camp

LEARNING OBJECTIVES: As a result of their participation in this training

session, participants will be able to:

- 1. Explain the term "pull," the loading and clearing procedures followed at a shooting station, the procedures to be followed if one has a problem with a firearm or drops ammunition, and any applicable range rules which apply to the facility being used.
- 2. Discuss and explain the eight NRA gun safety rules to be followed when shooting and storing a shotgun.
- 3. Safely shoot straightaway targets using the fundamentals of shotgun shooting.

LENGTH: 60 minutes

FACILITY: Range

TRAINING AIDS: Shotgun, shotgun owner's manual, quality factory ammunition, hearing and eye protection, trap, targets, NRA Guide: *Basics of Shotgun Shooting* handbook, NRA *Gun Safety Rules* brochure.

REFERENCES: NRA Guide: Basics of Shotgun Shooting handbook.

Content	Instructional Notes
	Lesson Time: 5 min. max
A. Introduce Lesson	A. Review the previous lesson briefly. State learning objectives for the current lesson.

B. Range Safety and Shooting Facility Orientation	Lesson Time: 10 min. max
1. Range layout	 Point out to participants the layout of the range (e.g., shooting stations, preparation area, etc.) Explain the activities that are permitted in each area.
2. Range personnel	2. Introduce participants to the range personnel, e.g., the chief range safety officer, other range safety officers, etc., and describe their functions.
3. Range procedures	Explain the procedures to be used on the shotgun range:
a. "Loading and clearing"	a. Explain that participant(s) may load their shotguns only upon direction of the instructor. Emphasize that once the shotgun is loaded, the participant should not turn from or leave the shooting station until after the gun has been fired or unloaded, the finger removed from the trigger, and the action opened. The gun must be pointed in a safe direction at all times.
b. "Pull"	b. Explain the term, "Pull," used by the shooter to call for the target.
c. "Range Commands"	c. Explain that all commands of the range officer must be followed immediately. Anyone observing an unsafe condition on the range should bring it to the immediate attention of the range officer and other shooters by calling out "cease fire."
d. Problem with firearm	d. Explain that a shooter who has any type of problem with the shotgun must take the index finger off the trigger, keep the gun pointed in a safe direction, and raise his or her hand for assistance.
e. Dropped ammunition	e. Remind participants that ammunition that falls to the ground must remain on the ground until it may be safely retrieved by someone who is not handling a firearm (the instructor or another participant under the instructor's direction).

4. Range rules	Review by asking participant(s): When does one load the shotgun? What does "Pull" mean? What should you do if you observe an unsafe situation on the range? What procedure should be followed by a shooter who is experiencing a problem with a shotgun? What should you do if you accidentally drop ammunition? 4. Explain and discuss the range rules for the range you are using.	Refer
		Scouts to
	Lesson Time: 10 min. max	pg. 23-24 in MB
C. Rules for Safe Shooting 1. Review of the three fundamental NRA rules for safe gun handling.	Review the three fundamental NRA rules for safe gun handling by asking participants to name them.	Book Step C qualifies
2. NRA rules for using and storing a gun.a. Know your target and what is beyond.b. Know how to use the gun safely.	2. Turn with participants to the rules for using and storing guns in the NRA Gun Safety Rules card. Have participants read the first rule aloud, and then have the participants read the rest of the accompanying paragraph to themselves. Ask participants to explain the importance of the first rule. Repeat this procedure for each of the remaining rules.	for teaching BSA req. 1c and 2f Refer scouts to pg. 26-28
c. Be sure the gun is safe to operate.		
d. Use only the correct ammunition for your gun.		
e. Wear hearing and eye protection as appropriate.		
f. Never use alcohol or drugs before or while shooting.		

- g. Store guns so they are not accessible to unauthorized persons.
- h. Be aware that certain types of guns and many shooting situations require additional safety precautions.

D. Preparation for Shooting Exercises

Note to BSA:

The paragraph to the right is if you were doing a NRA First Steps class.

When doing a BSA Merit Badge class, please refer to the diagrams and notes that are listed under "Consideration for your Merit Badge class" on page 8 of this manual.

Lesson Time: 10 min. max

D. Prior to the range session, **inspect** the participant's shotgun for overall appearance, fit of parts, function, and operation. If it is a new-in-the-box shotgun, it should be cleaned before shooting. If there is any question concerning whether or not the shotgun is safe to shoot, **have it checked** by a reputable gunsmith before using it in the orientation.

Inspect the ammunition to be used during the shooting exercises to be sure it is clean, free of obvious defects, and compatible with the gun.

Keep the ammunition under your control. If there is any question concerning whether or not the ammunition is safe to use in the participant's shotgun, check with a reputable gunsmith before using it in the orientation.

Be sure that you and all participant(s) are wearing hearing and eye protection before entering the range. Prepare the shooting range with the necessary equipment: a trap, targets, and the shotgun. Use light target loads with small shot to minimize recoil and maximize the amount of shot in the air. Have a copy of the NRA Guide: Basics of Shotgun Shooting handbook and the owner's manual for your participant's shotgun handy for reference.

Set the trap to throw straightaway targets. On a trap range, **have shooter stand** directly behind trap house. On a skeet range, **have shooter stand** at station seven.

In the case of multiple participants, there should be one NRA instructor at the shooting station, one shotgun at the shooting station, and no more than two participants at the shooting station. For BSA we use the BSA Standards of one instructor to one student while loading and firing.

Be sure to increase range time proportionately if you are instructing two participants

Use the "coach/pupil" method with multiple participants: while one participant (the "pupil) shoots, **involve** the other participant (the "coach") in the learning process by guiding him or her to watch the "pupil" and offer feedback under your direction.

Lesson Time: 45 min. max

E. Instruct participants using the NRA six-step method for teaching beginning shotgun shooters.

At each step, observe participant closely. **Be sure** all applicable safety rules are followed. **Offer** guidance, direction, and positive feedback as appropriate.

- 1. Have participant(s) handle a target. Show them how easily it breaks. Have participant(s) watch several targets in flight so they can get a feel for their direction and speed.
- 2. Have participant(s) assume the proper stance, with the index finger of the non-shooting hand pointing to the hold point you designate. Have them focus their eyes on the hold point, and call, "Pull." Upon seeing the target, participants should point at the target with the index finger and keep the finger pointed at it until it reaches the ground.

Observe participant(s) only. **Offer** guidance, direction, encouragement, and positive feedback as appropriate.

3. Have participant(s) continue the pointing exercise, and have them say "Bang" as soon as the sight picture is correct, to stimulate firing the shotgun. Participants should keep the finger pointed at the target until it reaches the ground as before.

Observe and offer feedback as before.

E. Shooting Straightaway Targets

1. Watch straightaway targets

2. Point finger at target

3. Point finger and say "bang" on touching target

Refer Scouts to pg. 41-44

Step E qualifies for teaching BSA req. 2g

- 4. Dry point shotgun using the fundamentals of shotgun shooting
 - a. Stance
 - b. Hold Point
 - c. Mount
 - d. See target
 - e. Swing
 - f. Pull trigger
 - g. Follow thru

5. Dry fire shotgun at target

4. Direct one participant to practice the fundamentals of shotgun shooting (without pulling the trigger) on straightaway moving targets using an empty shotgun with the action open. (Hinge actions may be closed.)

Review the fundamentals. **Emphasize** that the entire focus should be on the target.

Observe participant closely. Be sure all applicable safety rules are followed.

Offer guidance, direction, encouragement, and positive feedback as appropriate.

Involve the other participant (the "coach") in the learning process by guiding him or her to watch the "pupil" and offer feedback under your direction.

5. Have participant continue the dry pointing exercise with any empty shotgun with the action closed. Have participant pull the trigger as soon as the sight picture is correct. Have participant follow-through, and instruct him or her to open the action after dry firing.

(Consult the shotgun's owner's manual to see whether dry firing is approved by the manufacturer. If it is not, use dummy ammunition or "snap caps" to protect the shotgun from damage.)

Observe, offer feedback, and **involve** the other participant as before.

After the participant has demonstrated reasonable skill and confidence in dry firing the shotgun, move on to the next step.

6. Shoot at target with live ammunition

6. **Supply** participant with one round of ammunition at a time. **Direct** participant to load. When the participant is ready, **direct** him or her to call for the target and shoot. Then **instruct** participant to open the action of the shotgun. **Have participant fire** several shots.

Observe participant closely. Watch the gun, the shooter, and the result of the shot. Be sure all applicable safety rules are followed. Offer guidance, direction, and positive feedback as appropriate. Involve the other participant (the "coach") in the learning process by guiding him or her to watch the "pupil" and offer feedback under your direction.

Have participant fire additional shots as time permits. Use the ball-and-dummy technique if necessary to help participant concentrate on technique.

Have participant(s) reverse roles and repeat the dry point, dry fire, and live fire exercises.

F. Review of Shooting Practice

Lesson Time: 5 min. max

F. Ask participants what they learned from the day's shooting practice.

Discuss responses briefly. **Supplement** their comments with positive feedback as appropriate.

BSA Note: The list below uses the BSA Shotgun Merit Badge Book page 5 to cover requirements 2k and 2l. These requirements are not found in the NRA *FIRST Steps* Lesson Plans.

BSA Requirement 2k.

Shooting score required-Hit at least 12 out of 25 targets (48 percent) in two 25 target groups. The two groups need not be shot in consecutive order. Shooters must shoot a minimum of 50 shots. This is a merit badge requirement.

G.	Conclude Lesson	Lesson Time: 5 min. max
1.	Summary	1. Ask participants:
1		a. What are the three basic range commands? What do they mean?
		b. What are the eight NRA safety rules for using and storing a gun?
		c. What have you learned from your practice of the fundamentals of shotgun shooting?
2.	Questions	2. Ask participants what questions they have about this lesson. Answer questions.
3.	Preview	3. Preview next lesson briefly.

Lesson IV. Introduction to Shotgun Cleaning, Storage,

and Training Opportunities

BSA Note: Lesson IV is taught on day 4 each week of camp

LEARNING OBJECTIVES: As a result of their participation in this training session, participants will be able to:

- 1. Identify the materials needed to clean a shotgun.
- 2. Outline the three safety guidelines to be followed when cleaning a shotgun.
- 3. Explain and demonstrate how to clean a shotgun safely.
- 4. Name the NRA rule for safe firearm storage, and discuss options for applying this rule when storing a shotgun.
- 5. Discuss the three hygienic guidelines following exposure to airborne particulate lead and cleaning solvent residue.
- 6. Discuss the benefits of receiving additional shotgun training through the NRA Basic Firearm Training Program.

LENGTH: 30 minutes

FACILITY: Classroom or Range

TRAINING AIDS: Shotgun, shotgun owner's manual, shotgun cleaning equipment, lockable shotgun case, NRA Guide: *Basics of Shotgun Shooting* handbook, *NRA Gun Safety Rules* card, one per participant of the following: *NRA Basic Firearm Training Program* brochure, and *NRA Marksmanship Qualification Program* booklet.

REFERENCES: NRA Guide: Basics of Shotgun Shooting handbook.

Content	Instructional Notes	
	Lesson Time: 5 min. max	
A. Introduce Lesson	A. Review the previous lesson briefly. State learning objectives for the current lesson.	

B. Cle	aning a Shotgun
1. In	nportance of cleaning
2. M	laterials
a. attachi brush)	Cleaning rod and ments (tips and bore
b.	Cloth patches
c.	Bore cleaning solven

- d ore
 - olvent
 - Gun oil
 - Clean cloth
 - f. Small brush
- 3. Safety guidelines
- Ammunition must not be present in the area
 - The gun must be b. unloaded
 - The action must be C. open
- 4. Practical exercise

Lesson Time: 30 min. max

- 1. **Turn** with participants to the NRA Gun Safety Rules card. Have participants review the rule, "Be sure the gun is safe to operate" and the paragraph that follows. Discuss the importance of regular cleaning and proper storage as part of a gun's general upkeep as stated in the brochure. Note that a gun should be cleaned after every shooting session.
- 2. Display the materials necessary to clean a shotgun. Identify each of the items listed at left, and explain their use in cleaning a shotgun.

Have participants note manufacturers' guidelines for the use of gun cleaning products.

- 3. Ask participants: Based on our discussions of gun safety, what are some of the safety guidelines you think should be followed when cleaning a shotgun? Discuss responses briefly. State that, when cleaning a shotgun, the guidelines listed at left must be followed.
- 4. Conduct a cleaning practical exercise by having participants clean the shotgun under your direction. Be sure no ammunition is present in the area during the cleaning exercise.

Refer Scouts to pg. 28-31 in MB Book

Step B qualifies for teaching BSA req. 2i

- a. Attach brush to cleaning rod and apply bore cleaner to brush.
 - b. Run patch or brush through bore 8-10 times.
- c. Run wet patch through bore.
 - d. Run dry patch through bore.
- e. If dry patch dirty, repeat first four steps until dry patch comes out clean.
 - f. Run lightly oiled patch through bore.
- g. Use small brush and solvent to clean other parts of gun.
 - h. Wipe shotgun with lightly oiled cloth.
- C. Hygenic guidelines following exposure to airborne particulate lead or cleaning solvent residue
 - 1. Refrain from eating, drinking, smoking, applying makeup, or otherwise placing your hands and/or fingers in proximity to your mouth or nose while on the range or while cleaning a gun.

Follow the cleaning guidelines outlined in the NRA Guide: *Basics of Shotgun Shooting* handbook. (The guidelines are summarized briefly at left.) **Note** that the shotgun bore should be cleaned from the breech end whenever possible.

Inform participants that some shotguns need to be partially disassembled prior to cleaning. Have participants consult the shotgun's owner's manual for disassembly/reassembly directions and for any specific recommendations the manufacturer may have regarding cleaning.

Lesson Time: 15 min. max

Ask participants: What hygienic practices should be followed during and after a shooting or gun cleaning session? **Discuss** responses briefly.

Explain the three hygienic guidelines at left. Note that they should be practiced by individuals who were present or otherwise exposed at the range even if they did not participate in the shooting session.

Refer Scouts to pg. 32 in MB Book

Step 4 qualifies for teaching BSA req. 1h

- 2. After leaving the range or cleaning a gun, wash your hands and face thoroughly before eating, drinking, smoking, applying makeup, or otherwise placing your hands and/or fingers in proximity to your mouth or nose.
- 3. Change and wash clothing after a shooting or gun cleaning session so that exposure to airborne particulate lead or solvent residue may be further minimized.

D. Storing a Shotgun

1. NRA rule for safe firearm storage

2. Options for safe shotgun storage

Lesson Time: 20 min. max

- 1. **Turn** with participants to the *NRA Gun Safety Rules* card. **Have participants review** the rule, "Store guns so they are not accessible to unauthorized persons" and the paragraph that follows. **Note** that there is not a universally applicable method for applying this rule, and that storage options must take into account each individual's particular situation.
- 2. **Discuss** some of the options available for shotgun storage, such as gun cases, cabinets, safes, etc. **Show** participants a lockable shotgun case as an example of a storage device.

Note that ammunition should generally be stored separately from guns, and should likewise be stored so that it is inaccessible to unauthorized persons. **Note** also that there may be state or local laws governing the storage of guns and ammunition.

Refer Scouts to pg. 28 and pg. 32-33 in MB Book

Step D-1 qualifies for teaching BSA Req. 1B

E. The "Next Step": Additional Shotgun Shooting Activities

1. The NRA Basic Firearm Training Program

2. Additional NRA training opportunities

3. The National Rifle Association

4. Other shooting activities - Discuss local activities in which participants may practice and develop their shooting skills after they receive additional training. Refer participants to your NRA-affiliated shooting clubs, and local shooting ranges.

Lesson Time: 15 min. max

- 1. **Discuss** the advantages of receiving additional shotgun training in an NRA Basic Shotgun Shooting Course. **Provide** participants with a schedule of upcoming NRA Basic Course in the area, and **encourage** them to attend.
- 2. **Inform** participants that the NRA has developed additional shotgun training opportunities, including advanced marksmanship clinics for competitive shooters. **Note** that the NRA also has special programs available for young shooters, such as the NRA National Junior Rifle Camp.
- 3. **Distribute** copies of NRA membership applications. **Discuss** the advantages of NRA membership and review several programs available to the shooters from the NRA, and **invite** them to join.

4. **Distribute** *NRA Marksmanship Qualification Program* booklets. Briefly **describe** rifle programs.

<u>BSA Note</u>: Instead of teaching Lesson E above, teach merit badge requirements 1d thru 1f and 1g and 1i of the BSA Shotgun Merit Badge Book.

Time length to teach this section is 20 minutes max.

BSA Requirement 1d

Give the main points of the laws for owning and using guns in your community and state. Consult local and state law enforcement for this information.

BSA Requirement 1e

Explain how hunting is related to the wise use of renewable wildlife resources. Reference Shotgun Shooting merit badge book pages 81-82, "Conservation, Recreation, and more".

BSA Requirement 1f

Successfully complete a state hunter education course, or obtain a copy of the hunting laws for your state then do the following:

- Explain the main points of hunting laws in your state and give any special laws on the use of guns and ammunition.
 Reference Shotgun Shooting Merit Badge book pages 82-83.
- 2) List the kinds of wildlife that can be legally hunted in your state. Refer to your state's hunting regulations handbook.

Note: If a youth chooses to participate in a hunter education course, this merit badge training will take longer than the six to seven hours as stated.

BSA Requirement 1g

Identify and explain three shotgun sports. Identify places in your community where you could shoot these sports and explain how you can join or be a part of shooting sports activities.

Reference Shotgun Shooting merit badge book pages 51-59, "Clay Target Sports".

BSA Requirement 1i

Give your counselor a list of sources that you could contact for information on firearms and their uses. Reference Shotgun Shooting Merit Badge book pages 94-95, "Shotgun Shooting Resources".

After teaching the requirements above you are done with DAY 4....

DAY 5- AS TIME ALLOWS

Continue qualification shooting as needed for the merit badge. If a Scout has met his shooting qualifications for the merit badge, have him continue shooting to qualify for the Marksmanship Qualification program awards. You can download the awards book from the internet.

F. Conclude Lesson

1. Summary

- 2. Questions
- G. Orientation Review
- H. Orientation Certificates

Since this is a merit badge class you will not have NRA certificates. Skip H and do I

I. Thank You

- 1. **Ask** participant(s):
- a. What are the materials needed to clean a shotgun?
- b. What three safety guidelines must be followed when cleaning a shotgun?
- c. What did you learn from the shotgun cleaning practical exercise?
- d. What three hygienic guidelines should be followed after exposure to airborne particulate lead or cleaning solvent residue?
- e. What is the NRA rule for safe storage of a gun?
- f. What additional shotgun training opportunities are available from the National Rifle Association?
- 2. **Ask** participant(s) what questions they have about this lesson. **Answer** questions.
- G. **Ask** participant(s) what questions they have about anything that was covered during the orientation. **Answer** questions.
- H. **Distribute** completed NRA *FIRST Steps* Shotgun Orientation Certificates to qualified participant(s). **Congratulate** them on their accomplishments, and **invite** them to attend your next NRA Basic Shooting Course.
- I. **Thank** participant(s) for their interest in firearm education and for their participation in the training programs of the National Rifle Association.

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